

1. **Do Any Girls Do Your Summer Camps?** YES!!! My 6 year old daughter is at every camp and we have several girls who love doing the camps with us. American Ninja Warrior is probably the most popular with the girls.
2. **Are your Camps too Difficult for my Kids?** No Way! Especially with Ninja Warrior, many parents are concerned that their kids will not succeed. Let's be honest. Most kids cannot successfully do any of the obstacles. However, we have ways of helping them succeed at the official obstacles, and many "Easy" obstacles that are just plain fun. It's a nice mix.
3. **What is the difference Between ANW Stage 1&2 and ANW Stage 3&4? Is one harder than the other one?** The difference is only in the name. Both camps have many "official obstacles" as well as "easy & fun" obstacles. There will be different obstacles for each week, but it doesn't have anything to do with the actual TV show and how they lay out their course. We're just here to have fun and keep the kids learning while being entertained. Both camps are amazing in their own way. Many students will attend both weeks.
4. **Are the Martial Arts You Teach at the Camp Dangerous?** We are a life skills and character development building school. Our job is to help young people learn to protect themselves in all areas of life. Not just physically. Therefore, it would not be in the best interest of our students and friends to teach them violence. We want them to grow as people. Not learn how to become a bully and beat people up.
5. **What do you do at the camps?** We do active exercises and stretches, rolls and falls, give power talk discussions on life skills, teach safe Martial Arts moves to help them gain confidence, fun games and activities, and games and activities related to the theme of the week. The kids go home tired every day from the amazing amount of fun they had.
6. **My child is almost 5 years old. Can he or she attend the camps?** This is determined on a case-by-case basis. Most of the time the kids need to be 5 years old, but if you bring your child into meet us then we can make a decision from there.
7. **Are the camps chaotic? Are kids allowed to bully other kids?** Absolutely not. Of course, we are unable to see everything. However, we are a Martial Arts School, so we do not tolerate any fighting, arguing or bullying whatsoever. Everyone is expected to play nicely and follow the rules. We want all of the kids to be friends by the end of the week. If the kids are not having the time of their lives, then we are not doing our job.
8. **Can I bring peanuts or use peanut products?** Please be considerate to the children with allergies and do not use any peanuts or peanut products. Thank you for your understanding.
9. **I have more questions. What do I do?** Please feel free to **Call Sensei Ryan at (775)745-4814**. He is our head instructor and owner of our school.

Thank you so much for your time! Call us with any further questions you might have!